

The Premiere Regional
Alzheimer's/Dementia Agency
Serving Northern Indiana Families
Since 1982

“Until there's a cure ... we're devoted to care”

**UPCOMING EDUCATION PROGRAMS FOR
FAMILY AND PROFESSIONAL CAREGIVERS**

February ~ May, 2010

Dementia Education Programs for Family and Professional Caregivers
CALENDAR AT-A-GLANCE
February - May, 2010

**With the exception of the March 12th gerontology conference, all the below programs are offered
*free-of-charge.***

DATE	EVENT	LOCATION	TARGET AUDIENCE
Feb 4 Thurs	South Bend Monthly Lunch and Learn 12:10-1:30 p.m. “Effects of Caregiving on Families” <i>(For full program description, see page 7)</i>	Jewish Federation 3202 Shalom Way South Bend, IN	Family Caregivers
Feb 5 Friday	Elkhart Monthly Lunch and Learn 12:10-1:30 p.m. “Effects of Caregiving on Families” <i>(For full program description, see page 7)</i>	Sailor Community Ctr. Hubbard Hill Estates 28070 County Road 24 Elkhart, IN	Family Caregivers
Feb 11 Thurs	Advanced Issues Monthly Dementia Class 10-11:30 a.m. <i>(For full program description, see page 7)</i>	Alzheimer’s & Dementia Services 922 E. Colfax Avenue South Bend, IN	Family Caregivers
Feb 11 Thurs	Introduction to Dementia Monthly Class 1-2:30 p.m. <i>(For full program description, see page 7)</i>	Alzheimer’s & Dementia Services 922 E. Colfax Avenue South Bend, IN	Family Caregivers
Feb 18 Thurs	Winona Lake Monthly Lunch and Learn 12:10-1:30 p.m. “Home Sweet Home: Services to Help Keep Loved Ones at Home” <i>(For full program description, see page 7)</i>	Grace College Westminster Hall 105 9 th Street Winona Lake, IN	Family Caregivers
Feb 26 Friday	Introduction to Dementia Monthly Class 10-11:30 a.m. <i>(For full program description, see page 8)</i>	Lake County Public Library 1919 W. 81 st Ave (US 30) Merrillville, IN	Family Caregivers
Feb 26 Friday	Advanced Issues Monthly Dementia Class 10-11:30 a.m. “Understanding Communication & Behavior Changes Caused by Dementia” <i>(For full program description, see page 8)</i>	Lake County Public Library 1919 W. 81 st Ave (US 30) Merrillville, IN	Family & Professional Caregivers

DATE	EVENT	LOCATION	TARGET AUDIENCE
March 4 Thurs	South Bend Monthly Lunch and Learn 12:10-1:30 p.m. “Financial Planning for Caregivers” <i>(For full program description, see page 7)</i>	Jewish Federation 3202 Shalom Way South Bend, IN	Family Caregivers
March 5 Friday	Elkhart Monthly Lunch and Learn 12:10-1:30 p.m. “Financial Planning for Caregivers” <i>(For full program description, see page 7)</i>	Sailor Community Ctr. Hubbard Hill Estates 28070 County Road 24 Elkhart, IN	Family Caregivers
March 11 Thurs	Advanced Issues Monthly Dementia Class 10-11:30 a.m. <i>(For full program description, see page 7)</i>	Alzheimer’s & Dementia Services 922 E. Colfax Avenue South Bend, IN	Family Caregivers
March 11 Thurs	Introduction to Dementia Monthly Class 1-2:30 p.m. <i>(For full program description, see page 7)</i>	Alzheimer’s & Dementia Services 922 E. Colfax Avenue South Bend, IN	Family Caregivers
March 12 Friday	Gerontology Consortium Conference “The Changing Face of Aging” 7:30 a.m. - 4:00 p.m. <i>(For full program description, see page 8)</i>	Holy Cross College Notre Dame, IN	Family & Professional Caregivers
March 17 Wed	Professional Networking Breakfast 9-10:30 a.m. “Preventing Professional Burnout” <i>(For full program description, see page 8)</i>	Rittenhouse Senior Living 4300 Cleveland Avenue Michigan City, IN	Professional Caregivers
March 18 Thurs	Winona Lake Monthly Lunch and Learn 12:10-1:30 p.m. “Meeting the Day-to-Day Challenges of Alzheimer’s Disease & Dementia” <i>(For full program description, see page 7)</i>	Grace College Westminster Hall 105 9 th Street Winona Lake, IN	Family Caregivers
March 23 Tues	Putting the Joy Back in Living Class 10:30-11:30 a.m. “Principles of Brain Health and A Healthy Lifestyle” <i>(For full program description, see page 8)</i>	Alzheimer’s & Dementia Services 922 E. Colfax Avenue South Bend, IN	Persons with Early Memory Loss & Their Family & Caregivers

DATE	EVENT	LOCATION	TARGET AUDIENCE
March 24 Wed	Caregiver Dementia Education Series 10-11:30 a.m. “Understanding Alzheimer’s & Related Dementia” <i>(For full program description, see page 9)</i>	Sanctuary at St. Paul’s 3602 S. Ironwood South Bend, IN	Family & Professional Caregivers
March 26 Friday	Introduction to Dementia Monthly Class 10-11:30 a.m. <i>(For full program description, see page 8)</i>	Lake County Public Library 1919 W. 81 st Ave (US 30) Merrillville, IN	Family Caregivers 1
March 26 Friday	Advanced Issues Monthly Dementia Class 10-11:30 a.m. “Having Enough Love & Patience with Alzheimer’s Disease” <i>(For full program description, see page 8)</i>	Lake County Public Library 1919 W. 81 st Ave (US 30) Merrillville, IN	Family & Professional Caregivers
April 1 Thurs	South Bend Monthly Lunch and Learn 12:10-1:30 p.m. “Elder Law Presentation: Negotiating the Legal and Financial Maze” <i>(For full program description, see page 7)</i>	Jewish Federation 3202 Shalom Way South Bend, IN	Family Caregivers
April 2 Friday	Elkhart Monthly Lunch and Learn 12:10-1:30 p.m. “Adaptive Aids and Special Therapies” <i>(For full program description, see page 7)</i>	Sailor Community Ctr. Hubbard Hill Estates 28070 County Road 24 Elkhart, IN	Family Caregivers
April 6 Tues	Putting the Joy Back in Living Class 10:30-11:30 a.m. “Good Nutrition: Stress Buster and Brain Booster” <i>(For full program description, see page 8)</i>	Alzheimer’s & Dementia Services 922 E. Colfax Avenue South Bend, IN	Persons with Early Memory Loss & Their Family & Caregivers
April 7 Wed	Caregiver Dementia Education Series 10-11:30 a.m. “Communication Changes Caused by Alzheimer’s & Dementia” <i>(For full program description, see page 9)</i>	Sanctuary at St. Paul’s 3602 S. Ironwood South Bend, IN	Family & Professional Caregivers

DATE	EVENT	LOCATION	TARGET AUDIENCE
April 8 Thurs	Advanced Issues Monthly Dementia Class 10-11:30 a.m. <i>(For full program description, see page 7)</i>	Alzheimer's & Dementia Services 922 E. Colfax Avenue South Bend, IN	Family Caregivers
April 8 Thurs	Introduction to Dementia Monthly Class 1-2:30 p.m. <i>(For full program description, see page 7)</i>	Alzheimer's & Dementia Services 922 E. Colfax Avenue South Bend, IN	Family Caregivers
April 13 Tues	Professional Networking Breakfast 8:30-10 a.m. "Preventing Professional Burnout" <i>(For full program description, see page 9)</i>	Towne Centre 7250 Arthur Blvd Merrillville, IN	Professional Caregivers
April 15 Thurs	Winona Lake Monthly Lunch and Learn 12:10-1:30 p.m. "Adaptive Aids and Special Therapies" <i>(For full program description, see page 7)</i>	Grace College Westminster Hall 105 9 th Street Winona Lake, IN	Family Caregivers
April 20 Tues	Putting the Joy Back in Living Class 10:30-11:30 a.m. "The Art of Relaxation, Part 1" <i>(For full program description, see page 8)</i>	Alzheimer's & Dementia Services 922 E. Colfax Avenue South Bend, IN	Persons with Early Memory Loss & Their Family & Caregivers
April 21 Wed	Caregiver Dementia Education Series 10-11:30 a.m. "Environmental Changes and Safety Concerns" <i>(For full program description, see page 9)</i>	Sanctuary at St. Paul's 3602 S. Ironwood South Bend, IN	Family & Professional Caregivers
April 24 Saturday	"Understanding Community Services" 1-3 p.m. Presented by Alzheimer's & Dementia Services and Real Services <i>(For full program description, see page 9)</i>	Bittersweet Public Library 602 Bittersweet Road Mishawaka, IN	Family Caregivers
April 30 Friday	Introduction to Dementia Monthly Class 10-11:30 a.m. <i>(For full program description, see page 8)</i>	Lake County Public Library 1919 W. 81 st Ave (US 30) Merrillville, IN	Family Caregivers 1

DATE	EVENT	LOCATION	TARGET AUDIENCE
April 30 Friday	Advanced Issues Monthly Dementia Class 10-11:30 a.m. “Hospice Services and Later Stage Dementia” <i>(For full program description, see page 8)</i>	Lake County Public Library 1919 W. 81 st Ave (US 30) Merrillville, IN	Family & Professional Caregivers
May 4 Tues	Putting the Joy Back in Living Class 10:30-11:30 a.m. “The Art of Relaxation, Part 2” <i>(For full program description, see page 8)</i>	Alzheimer’s & Dementia Services 922 E. Colfax Avenue South Bend, IN	Persons with Early Memory Loss & Their Family & Caregivers
May 5 Wed	Caregiver Dementia Education Series 10-11:30 a.m. “Managing Behavior Changes in Persons with Dementia” <i>(For full program description, see page 9)</i>	Sanctuary at St. Paul’s 3602 S. Ironwood South Bend, IN	Family & Professional Caregivers
May 6 Thurs	South Bend Monthly Lunch and Learn 12:10-1:30 p.m. “The Continuum of Care Services” <i>(For full program description, see page 7)</i>	Jewish Federation 3202 Shalom Way South Bend, IN	Family Caregivers
May 7 Friday	Elkhart Monthly Lunch and Learn 12:10-1:30 p.m. “Meeting the Day-to-Day Challenges of Alzheimer’s Disease and Dementia” <i>(For full program description, see page 7)</i>	Sailor Community Ctr. Hubbard Hill Estates 28070 County Road 24 Elkhart, IN	Family Caregivers
May 13 Thurs	“The Many Faces of Feelings” Caregiver Workshop, Part 1 10-11:30 a.m. <i>(For full program description, see page 10)</i>	Alzheimer’s & Dementia Services 922 E. Colfax Avenue South Bend, IN	Family Caregivers
May 13 Thurs	Introduction to Dementia Monthly Class 1-2:30 p.m. <i>(For full program description, see page 7)</i>	Alzheimer’s & Dementia Services 922 E. Colfax Avenue South Bend, IN	Family Caregivers

DATE	EVENT	LOCATION	TARGET AUDIENCE
May 18 Tues	Putting the Joy Back in Living Class 10:30-11:30 a.m. “Dancing with the Stairs: Fitness Can Be Fun and Functional” <i>(For full program description, see page 8)</i>	Alzheimer’s & Dementia Services 922 E. Colfax Avenue South Bend, IN	Persons with Early Memory Loss & Their Family & Caregivers
May 19 Wed	Caregiver Dementia Education Series 10-11:30 a.m. “Helping Persons Manage Changes in Daily Care (Bathing, Dressing, etc.)” <i>(For full program description, see page 9)</i>	Sanctuary at St. Paul’s 3602 S. Ironwood South Bend, IN	Family & Professional Caregivers
May 20 Thurs	Winona Lake Monthly Lunch and Learn 12:10-1:30 p.m. “Understanding Medications: What You Don’t Know Could Hurt You” <i>(For full program description, see page 7)</i>	Grace College Westminster Hall 105 9 th Street Winona Lake, IN	Family Caregivers
May 27 Thurs	“The Many Faces of Feelings” Caregiver Workshop, Part 2 10-11:30 a.m. <i>(For full program description, see page 10)</i>	Alzheimer’s & Dementia Services 922 E. Colfax Avenue South Bend, IN	Family Caregivers
May 28 Friday	Introduction to Dementia Monthly Class 10-11:30 a.m. <i>(For full program description, see page 8)</i>	Lake County Public Library 1919 W. 81 st Ave (US 30) Merrillville, IN	Family Caregivers 1
May 28 Friday	Advanced Issues Monthly Dementia Class 10-11:30 a.m. “Understanding Community Services” <i>(For full program description, see page 8)</i>	Lake County Public Library 1919 W. 81 st Ave (US 30) Merrillville, IN	Family & Professional Caregivers

FOR A LISTING OF ALL MONTHLY SUPPORT GROUPS, please see page 10

FOR A LISTING OF OTHER SERVICES PROVIDED BY ALZHEIMER’S & DEMENTIA SERVICES, please see page 10

**SOUTH BEND MONTHLY
LUNCH AND LEARN**

**Sponsored by Alzheimer's & Dementia
Services and REAL Services**

WHEN: First Thursday, each month, 12:10-1:30 pm
WHERE: Jewish Federation of St. Joseph Valley
3202 Shalom Way, South Bend, Indiana
TO REGISTER: Call Real Services at (574) 284-7173
or (800) 552-7928, ext. 7173 at least one
week prior to each program to receive a free
lunch

Thursday, February 4, 2010
Effects of Caregiving on Families

Thursday, March 4, 2010
Financial Planning for Caregivers

Thursday, April 1, 2010
Elder Law Presentation: Negotiating the Legal and
Financial Maze

Thursday, May 6, 2010
The Continuum of Care Services

Thursday, June 3, 2010
Preserving Memory and Maintaining Brain Health

**ELKHART MONTHLY
LUNCH AND LEARN**

**Sponsored by Alzheimer's & Dementia
Services and REAL Services**

WHEN: First Friday, each month, 12:10-1:30 pm
WHERE: Sailor Community Center, Hubbard Hill
Estates, 28070 CR 24 in Elkhart, Indiana
TO REGISTER: Call Real Services at (574) 284-7173
or (800) 552-7928, ext. 7173 at least one
week prior to each program to receive a free
lunch

Friday, February 5, 2010
Effects of Caregiving on Families

Friday, March 5, 2010
Financial Planning for Caregivers

Friday, April 2, 2010
Adaptive Aids and Special Therapies

Friday, May 7, 2010
Meeting the Day-to-Day Challenges of Alzheimer's
Disease and Dementia

Friday, June 4, 2010
Understanding Vitamins and Supplementation

**WINONA LAKE MONTHLY
LUNCH AND LEARN**

**Sponsored by Alzheimer's & Dementia
Services and REAL Services**

WHEN: Third Thursday, each month, 12:10-1:30 pm
WHERE: Grace Hall, Westminster Hall,
105 9th Street, Winona Lake, Indiana
TO REGISTER: Call Real Services at (574) 284-7173
or (800) 552-7928, ext. 7173 at least one
week prior to each program to receive a free
lunch

Thursday, February 18, 2010
Home Sweet Home: Services to Help Keep Loved
Ones at Home

Thursday, March 18, 2010
Meeting the Day-to-Day Challenges of Alzheimer's
Disease and Dementia

Thursday, April 15, 2010
Adaptive Aids and Special Therapies

Thursday, May 20, 2010
Understanding Medications: What You Don't Know
Could Hurt You!

Thursday, June 17, 2010
Elder Law Presentation: Negotiating the Legal
and Financial Maze

**MONTHLY DEMENTIA EDUCATION
CLASSES**

South Bend, Indiana
Sponsored by Alzheimer's & Dementia Services

WHEN: Second Thursday, each month
WHERE: Alzheimer's & Dementia Services
922 E. Colfax Avenue, South Bend
TO REGISTER: Call Alzheimer's & Dementia
Services at (574) 232-4121 or
(888) 303-0180

WHAT:

Two Separate Classes Offered Monthly!

"Advanced Issues in Dementia Care" Class
10:00 - 11:30 a.m.

A different topic is covered each month

*"Introductory to Dementia and Alzheimer's
Disease" Class*

1:00 - 2:30 p.m.

This same basic class is offered each month. It is
strongly recommended that caregivers take this
class prior to the "Advanced Issues" class

MONTHLY DEMENTIA EDUCATION CLASSES

Merrillville, Indiana

Sponsored by Alzheimer's & Dementia Services

WHEN: Fourth Friday, each month -- except April's program which will be held on April 30

WHERE: Lake County Public Library
1919 W. 81st St (US 30) in Merrillville

TO REGISTER: Call Alzheimer's & Dementia Services at (888) 303-0180

WHAT:

Two Separate Classes Offered Monthly!

"Introductory to Dementia and Alzheimer's Disease"

10:00 - 11:30 a.m.

A different topic is covered each month

Class "Advanced Issues in Dementia Care" Class

Noon - 1:30 p.m.

This same basic class is offered each month. It is strongly recommended that caregivers take this class prior to the "Advanced Issues" class

"THE CHANGING FACE OF AGING"

Notre Dame, Indiana

Sponsored by the Gerontology Consortium of Michiana

WHEN: Friday, March 12, 2010
7:30 a.m. - 4:00 p.m.

WHERE: Holy Cross College
Notre Dame, Indiana

FEES: \$50 for professionals;
\$20 for caregivers

TO REGISTER: Call Pat Adams at Holy Cross College at (574) 239-8364 or e-mail padams@hcc-nd.edu

WHAT:

This is annual gerontology conference for professionals, caregivers, and their families consisting of a keynote presentation and several break-out sessions regarding various aspects of aging. Continuing education credit is available for nurses, social workers, and health care administrators.

Conference includes breakfast and lunch.

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NETWORKING BREAKFAST FOR DEMENTIA HEALTH CARE PROFESSIONALS

Michigan City, Indiana

Sponsored by Alzheimer's & Dementia Services and Rittenhouse Senior Living

WHEN: Wednesday, March 17, 2010
9-10:30 a.m.

WHERE: Rittenhouse Senior Living
4300 Cleveland Avenue
Michigan City, Indiana

TO REGISTER: Call Alzheimer's & Dementia Services at (888) 303-0180

WHAT:

This breakfast is for health care professionals, providing peer-to-peer networking opportunities as well as an informative speaker. The speaker for this event will be Debbie Carriveau who will discuss the topic of "Preventing Professional Burnout"

A gift certificate will be awarded as a door prize.

"PUTTING THE JOY BACK IN LIVING"

South Bend, Indiana

Sponsored by Alzheimer's & Dementia Services

WHERE: Alzheimer's & Dementia Services
922 E. Colfax Avenue, South Bend

TO REGISTER: Call Alzheimer's & Dementia Services at (574) 232-4121 or (888) 303-0180

WHAT: A series of fun and educational programs designed to promote brain health and quality of life for persons in early stages of memory loss and their family/caregivers

All sessions will last from 10:30-11:30 a.m.

Tuesday, March 23: "Principles of Brain Health and Healthy Lifestyle"
Tuesday, June 1: Tricks and Tips to Keep Memory Sharp

Tuesday, April 6: "Good Nutrition"
Tuesday, June 15: "To Laugh or Not to Laugh: There is No Question!"

Tuesday, April 20: "The Art of Relaxation, Pt. 1"
Tuesday, June 29: "It's Not Sleeping Keeping You Up Nights?"

Tuesday, May 4: The Art of Relaxation, Pt. 2
Tuesday, July 13: "Tapping into Inner Wisdom"

Tuesday, May 18: "Dancing with the Stairs"
Tuesday, July 27: "We Are Our Thoughts"

June 2, 2010

“Dealing with Caregiver Grief and Stress”

“MEMORY LOSS: What’s Normal, What’s Not, and How to Maintain Brain Health”

Munster, Indiana

Sponsored by Hartsfield Village

WHEN:

WHERE: Hartsfield Village
10000 Columbia Avenue
Munster, Indiana

TO REGISTER: Call Hartsfield Village
at (219) 934-0750

WHAT:

A community presentation discussing what’s normal memory loss as we age versus progressive conditions like Alzheimer’s Disease and related dementia, and lifestyle changes that promote brain health and quality of life.

“WHEN THE DIAGNOSIS IS ALZHEIMER’S/RELATED DEMENTIA”:

**A Dementia Education Series
South Bend, Indiana**

Sponsored by Alzheimer’s & Dementia Services and Sanctuary at St. Paul’s

WHERE: Sanctuary at St. Paul’s
3602 S. Ironwood, South Bend

TO REGISTER: Call Alzheimer’s & Dementia Services at (574) 232-4121 or (888) 303-0180

WHAT: A series of six comprehensive educational programs for those involved in the care of persons with Alzheimer’s disease or a related dementia

All sessions will last from 10:00-11:30 a.m.

March 24, 2010

“Understanding the Diagnosis of Alzheimer’s and Related Dementia

April 7, 2010

“Communication Changes Caused by Dementia”

April 21, 2010

“Environmental Changes and Safety Concerns”

May 5, 2010

“Managing Behavior Changes”

May 19, 2010

NETWORKING BREAKFAST FOR DEMENTIA HEALTH CARE PROFESSIONALS

Merrillville, Indiana

Sponsored by Alzheimer’s & Dementia Services and Towne Centre Retirement Community

WHEN: Tuesday, April 13, 2010
8:30-10:00 a.m.

WHERE: Towne Centre Retirement Community
7250 Arthur Blvd.
Merrillville, Indiana

TO REGISTER: Call Alzheimer’s & Dementia Services at (888) 303-0180

WHAT:

This breakfast is for health care professionals, providing peer-to-peer networking opportunities as well as an informative speaker. The speaker for this event will be Debbie Carriveau who will discuss the topic of “Preventing Professional Burnout”

A gift certificate will be awarded as a door prize.

“UNDERSTANDING COMMUNITY SERVICES FOR SENIORS AND THEIR FAMILIES”

Mishawaka, Indiana

Sponsored by the Bittersweet Public Library

WHEN: Saturday, April 24, 2010
1:00-3:00 p.m.

WHERE: Bittersweet Public Library
602 Bittersweet Road
Mishawaka, Indiana

TO REGISTER: Call Bittersweet Public Library
at (574) 259-0392

WHAT:

This community educational program will offer information on the array of programs and services for older adults and their families provided by REAL Services/Area Agency on Aging and Alzheimer’s and Dementia Services of Northern Indiana.

"Learning from Your Emotions, Part 1"

July 8, 2010

"Learning from Your Emotions, Part 2"

"THE MANY FACES OF FEELINGS"

South Bend, Indiana

Sponsored by Alzheimer's & Dementia Services

WHERE: Alzheimer's & Dementia Services
922 E.. Colfax Avenue, South Bend

TO REGISTER: Call Alzheimer's & Dementia
Services at (574) 232-4121 or
(888) 303-0180

WHAT: A series of five workshops designed to help
caregivers of persons with Alzheimer's
disease/related dementia understand and cope with
their own emotional changes and challenges

All sessions will last from 10:00-11:30 a.m.

May 13, 2010

"Taking Inventory:
Learning to Take Care of Yourself"

May 27, 2010

"What's Causing Personal Stress and
How Can You Reduce It?"

June 10, 2010

"Learning to Communicate Your Needs to Others"

June 24, 2010

For more information on any of these services,
contact Alzheimer's & Dementia Services at
(574) 232-4121 or toll-free at (888) 303-0180

MONTHLY CAREGIVER SUPPORT GROUPS

Elkhart County

4th Thursday at 2 p.m.
Trinity United Methodist Church, 2715 Jackson Blvd. in
Elkhart

2nd Tuesday at 6 p.m.
Greencroft Senior Center in Goshen

2rd Thursday at 6 p.m.
Sailor Community Center on Hubbard Hill Estates
28070 County Road 24 in Elkhart

Kosciusko County

1st Wednesday at 7 p.m.
Miller's Assisted Living, 1630 S County Farm Road in
Warsaw

Lake County

1st Saturday at 10:00 a.m.
Tolleston Branch Library, 1113 Taft Street in Gary

2nd Sunday at 2:30 p.m.
Franciscan Communities Adult Day Center, 205 Franciscan
Drive in Crown Point

1st Sunday at 1:00 p.m.
Emmaus House of St. John the Evangelist Parish

**OTHER PROGRAMS
OFFERED BY
ALZHEIMER'S &
DEMENTIA
SERVICES**



*"The Premiere Regional Alzheimer's Agency
Serving Northern Indiana Families Since 1982"*

- ★ Toll-free telephone support line
- ★ One-on-one care consultation
- ★ Speaker's bureau
- ★ Sadie Mager Emergency Respite Grant
- ★ Alzheimer's Foundation of America
Family Assistance Grant
- ★ Web site = www.alz-nic.org
- ★ Quarterly newsletter
- ★ Lending library
- ★ Faith in Action Respite Care
- ★ Milton Adult Day Services

11350 School Street in St. John

2nd Monday at 6:00 p.m.
St. Catherine Hospital, 4321 Fir Street in East Chicago

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4th Saturday at Noon
"AT EASE" Social Group for Persons with Dementia and
Their Families
Franciscan Communities Adult Day Center, 205 Franciscan
Drive in Crown Point

LaPorte County

4th Monday at 5:30 p.m.
Brentwood Assisted Living, 2002 Andrew Av. in LaPorte

3rd Wednesday at 2:00 p.m.
Rittenhouse Senior Living, 4300 Cleveland in Michigan Cty

Marshall County

3rd Tuesday at 10:00 a.m.
Marshall County Council on Aging/Life Enrichment Ctr.
1305 W. Harrison in Plymouth

Porter County

2nd Thursday at 3:00 p.m.
St. Agnes Adult Day Service Center, 1859 Harrison Blvd. in
Valparaiso

St. Joseph County

1st Wednesday at 6:30 p.m.
Mishawaka-Penn-Harris Library, 209 LWE in Mishawaka

2nd Thursday at 6:30 p.m.
Christ the King Lutheran Church, 17195 Cleveland Road in
South Bend

1st Tuesday at 10:00 a.m.
Alzheimer's & Dementia Services of Northern Indiana
922 E. Colfax Avenue in South Bend